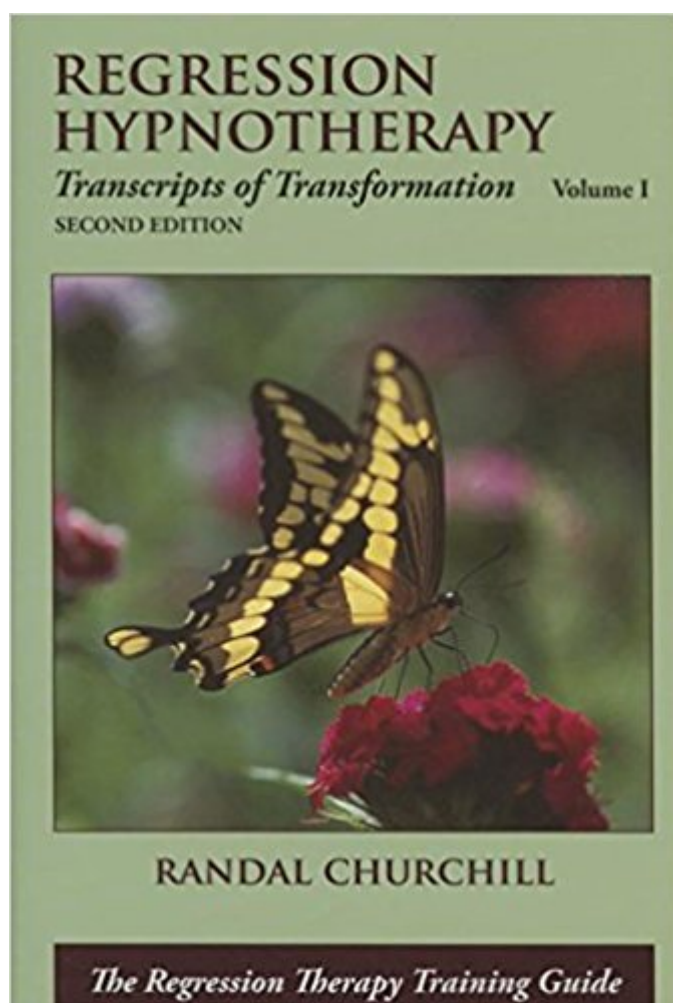




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# Regression Hypnotherapy: Transcripts Of Transformation, Volume 1, Second Edition



## Synopsis

The 1st Edition of Regression Hypnotherapy was a breakthrough for comprehensive strategies of uncovering and emotional clearing. In this highly readable, updated, and expanded second edition you will find a responsible guide for beginning and experienced hypnotherapists and clinicians, where theory is combined with transcripts and commentary, giving the reader an inside look at the tremendous range of possibilities available with regression. Regarding the potential for recovered memories, the author combines logic and careful neutrality to teach how to avoid false memories. Comprehensive regression strategies include regressing to an initial sensitizing event, emotional clearing, uncovering misconceptions and doing reeducation. Using sensitivity and skill honed over four decades of clinical work, The author integrates a wealth of effective options into 15 Steps, including hypnotic deepening, ideomotor methods and more.

## Book Information

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"A rich and stimulating volume on the complex and ever-sensitive topic of regression hypnotherapy. I recommend it highly for its lucid text. -- Kenneth Kelzer, LCSW "author of "Deep Journeys""

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